



**INFANT FEEDING
REQUIREMENTS
IN THE CHILD AND ADULT CARE
FOOD PROGRAM**
SD Department of Education
Child and Adult Nutrition Services

OBLIGATION - INFANT MEALS

- CACFP Institutions – Offer Program Meals to All Enrolled (including infants)
- Enrolled Child:
 - “a child whose parent or guardian has submitted to an institution a signed document which indicates that the child is enrolled for care.”
- Infant:
 - “a child who has not yet reached their first birthday.”



OBLIGATION - INFANT FORMULA

- Licensed Care for Infants
 - One Iron-Fortified Infant Formula
 - Encouraged – One to Satisfy Needs of One or More
 - Not Required to Meet the Formula Needs of All
 - If Family Chooses Not to Receive Formula
 - Strongly Advised – Get Signed Statement
 - Sample Forms Available



REQUIRED MENU ITEMS

- Breast Milk or Iron-Fortified Infant Formula
 - Combination of These Allowed
 - Always Required for Breakfast, Lunch, and Supper
- Solid Foods
 - Child and Parent Both Ready
 - Appropriate Texture and Consistency
 - Introduced One at a Time, Gradually
- Fed on Demand
 - Over Course of the Day



INFANT MEAL PATTERNS (0-5 MONTHS)

- Breast Milk or Iron-Fortified Infant Formula
 - 4-6 Ounces
 - Breakfast
 - Lunch
 - Snack
 - Supper
 - Breast Milk – May Serve Less
 - If child normally consumes less
 - Solid foods not required, may be served if parent requests



INFANT MEAL PATTERNS (6-11 MONTHS)

- Breast Milk or Iron-Fortified Infant Formula
- Solid Foods
 - Required when child and parent are both ready
- Must Serve:
 - All Components
 - Infant Developmentally Ready to Accept
 - Parent Ready to Introduce



INFANT MEAL PATTERNS (6-11 MONTHS)
– CONTINUED

- Breakfast, Lunch, or Supper
 - Breast Milk or IFIF – 6-8 Ounces
 - Iron-Fortified Infant Cereal – 0-4 Tablespoons
 - or Substitute – See Next Slide
 - Fruit or Vegetable – 0-2 Tablespoons
- Snack
 - Breast Milk or IFIF – 2-4 Ounces
 - Bread (0-½ slice), Crackers (0-2 crackers), Iron-Fortified Infant Cereal (0-4 tbsp.), or Ready to Eat Cereal (0-4 tbsp.)
 - Fruit or Vegetable – 0-2 Tablespoons

IRON-FORTIFIED INFANT CEREAL
SUBSTITUTES

- Substitutes Allowed:
 - 0 to 4 Tablespoons of Meat, Fish, Poultry, Whole Egg, Cooked Dry Beans, or Cooked Dry Peas
 - 0 to 2 Ounces (weight) of Cheese
 - 0 to 4 Fluid Ounces (volume) of Cottage Cheese
 - 0 to 8 Fluid Ounces (volume) of Yogurt

MISCELLANEOUS THINGS TO KNOW

- Yogurt – must contain no more than 23 grams of sugar per 6 ounce serving.
- Ready to Eat Cereal must contain no more than 6 grams of sugar per dry ounce.
- Juice is not allowed.
- If 'adult' grains are served, one serving per day must be whole grain rich.

MORE MISCELLANEOUS THINGS TO KNOW

- Some items not creditable for infants (even though they are for older children)
 - Cow's Milk
 - Hot Dogs
 - Meat Sticks
 - Fish Sticks
 - Nuts
 - Peanut Butter
 - Tofu

INFANT PRODUCTION RECORDS

- Required if Claiming Infant Meals
- Separate Records
 - Each Infant
 - Each Meal
 - Prototype Forms Available
- Documents amount and type of food offered to infant
 - Nursing mothers? – record “mom”

COMMON QUESTIONS

- Parent Declines Formula – Claimable?
 - It Depends
 - If only IFIF or BM is required
 - Okay to claim
 - If solid foods are required?
 - Only one food item (including breastmilk or formula) may be supplied by parent
 - at any age, unless disability involved
- Mother Nurses Own Child – Claimable?
 - Yes, if fed on-site and same rules as above when solid foods are required.

REIMBURSEMENT

- Based on Meal Type
- Same Rates as Other Children
- Maximum 3 Meals (One Must be Snack) per Child per Day

RECORD KEEPING

- Save ALL Infant Records
 - 3 Previous Years Plus the Current Year

QUESTIONS?

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