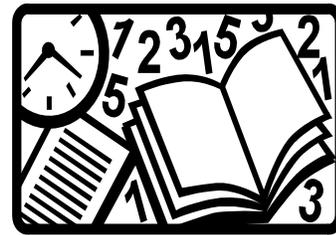




LifeSkills

Curriculum Training



Elementary School Level – Grades 3-4-5 or 4-5-6

Middle School Level – Grades 6-7-8 or 7-8-9

Dec. 4-5, 2013

Volunteers of America, Sioux Falls, SD

LifeSkills is a proven, highly effective, substance abuse prevention program designed to: provide students with the necessary skills to resist social pressures to smoke, drink and use drugs; to help them develop greater self-esteem, self-mastery, and self-confidence; to enable children to effectively cope with social anxiety; to increase their knowledge of the immediate consequences of substance use.

The **Elementary level** is for implementation in grades 3-4-5 or 4-5-6 and it consists of 8 lessons for each of the three years. The **Middle School level** is for implementation in grades 6-7-8 or 7-8-9 and it consists of 15 lessons the first year, 10 lessons the second year and 5 lessons the third year. A **High School Level** manual is also available.

Target Audience

Teachers & School Counselors, Prevention Advocates & Professionals, School Nurses & other Youth Workers.

Workshop Goals

The goal of the teacher-training workshop is to provide participants with: an understanding of how and why the *LifeSkills Training* (LST) program works; an overview of the theory and research supporting the program; an exploration of the curriculum; modeling of key teaching skills; and increased confidence in teaching the LST prevention education curriculum

Cost

\$20.00 per participant. Please make **checks payable to Volunteers of America** or we can bill your school/agency after the training. *The South Dakota Department of Health will reimburse for substitute teacher pay, mileage, hotel and meals for participants.*

Credit

Application has been made for participants to receive 1 graduate and undergraduate credit through Augustana College which will cost an additional \$50.00 (please make checks payable to Augustana College). This workshop has been approved for continuing education units from the SD Board of Addiction and Prevention Professionals (BAPP), SD Board of Social Workers, and SD Board of Counselors Examiners at no extra charge.

Curriculum

Curriculum for the training will be provided through the Human Service Agency. Following the program the SD Tobacco Program will provide additional *LifeSkills* material, including teacher manuals and student guides to schools who commit to implementing the curriculum for at least one full school year at no charge. More information about this opportunity will be available at the

Registration Information on back of page.

LifeSkills Curriculum Training

December 4-5, 2013

8:00-4:45 p.m. each day

Volunteers of America-Dakotas

1309 W 51st St., Sioux Falls, SD 57105

This workshop includes lunch on site both days.

A block of 10 rooms has been reserved at the **Hampton Inn 2417 S. Carolyn Ave. (phone: 362-1700)** under the group name *Life Skills*. The rate is \$99.00.

Participants are responsible for making their own reservations and for their room charges.

SD Dept. of Health will reimburse for hotel room. The room block is for Dec. 4 only.

The block rate ends Nov. 20.

ADA Disclaimer: Notice is further given to individuals with disabilities that this workshop is being held in a physically accessible place. Please notify Shari Wirkus within two weeks of the workshop if you have special needs for which this agency will need to make arrangements. The telephone number for making special arrangements is (605) 884-3524. Request of alternative formats and/or interpreters may include:

- Disk
- Braille
- Large Print
- Interpreter
- Other Access Request
- Special dietary concern

SPONSORS

Department of Health – Tobacco Control Program,
Department of Social Services – Prevention Program
Human Service Agency – NE Prevention Resource Center
Volunteers of America—SE Prevention Resource Center

Life Skills Training Registration Information

You can register online at: <https://www.surveymonkey.com/s/LSTregistration>

Or return to:

*Michelle Majeres, SE Prevention Resource Center, Volunteers of America-Dakotas
PO Box 89306, Sioux Falls, SD 57109*

Email: m.majeres@voa-dakotas.org Phone: (605) 444-6342 Fax: 605.335.5514

Registration deadline is Nov. 18, 2013

Name: _____

Work Address: _____

School/Agency: _____ Position: _____

Email: _____ Work phone: _____

Cell Phone: _____ Home phone (in case of weather cancellation): _____

Please check which curriculum level you would like to be trained at:

___ elementary ___ middle school ___ high school

CANCELLATION NOTICE: Your school/agency will be charged \$20/person unless cancellation is received by Nov. 22, 2013