



Youth Mental Health First Aid

8 hour Course

Wednesday, September 13, 2017, 8:00 AM to 5:00 PM

Americinn - Chamberlain, SD
1981 East King Street
Chamberlain, SD 57325

REGISTRATION

To register, please email the information below to Jeannew@humanserviceagency.org; or fax to 605-884-3522

Questions? Call Dodi Haug at 605-884-3516

Name _____

Phone number - _____ E-mail - _____

Occupation and employer name, if any _____

Brief description of why you're enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information)

Following a YMHA training, all participants in the training will become "mental health first aiders" and will be required to report data related to any referrals to service for the individual(s). This information will be reported through an online survey that will be sent out via email to mental health first aiders on a quarterly basis to meet federal grant reporting requirements.

Applications will be submitted for CEU's for LPC, Social Work and Addiction Counselors and EMS. Teacher renewal credit will be available and this training will fulfill the 1-hour of suicide prevention requirement.



ALGEE, the Mental Health First Aid Action Plan

- Assess for risk of suicide or harm*
- Listen nonjudgmentally*
- Give reassurance and information*
- Encourage appropriate professional help*
- Encourage self-help and other support strategies*

Questions? Contact Dodi at dodih@humanserviceagency.org or call 605-884-3516

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.



MENTAL
HEALTH
FIRST AID

Sometimes, first aid isn't
a **bandage**,
or **CPR**,
or the **Heimlich**,
or calling **911**.

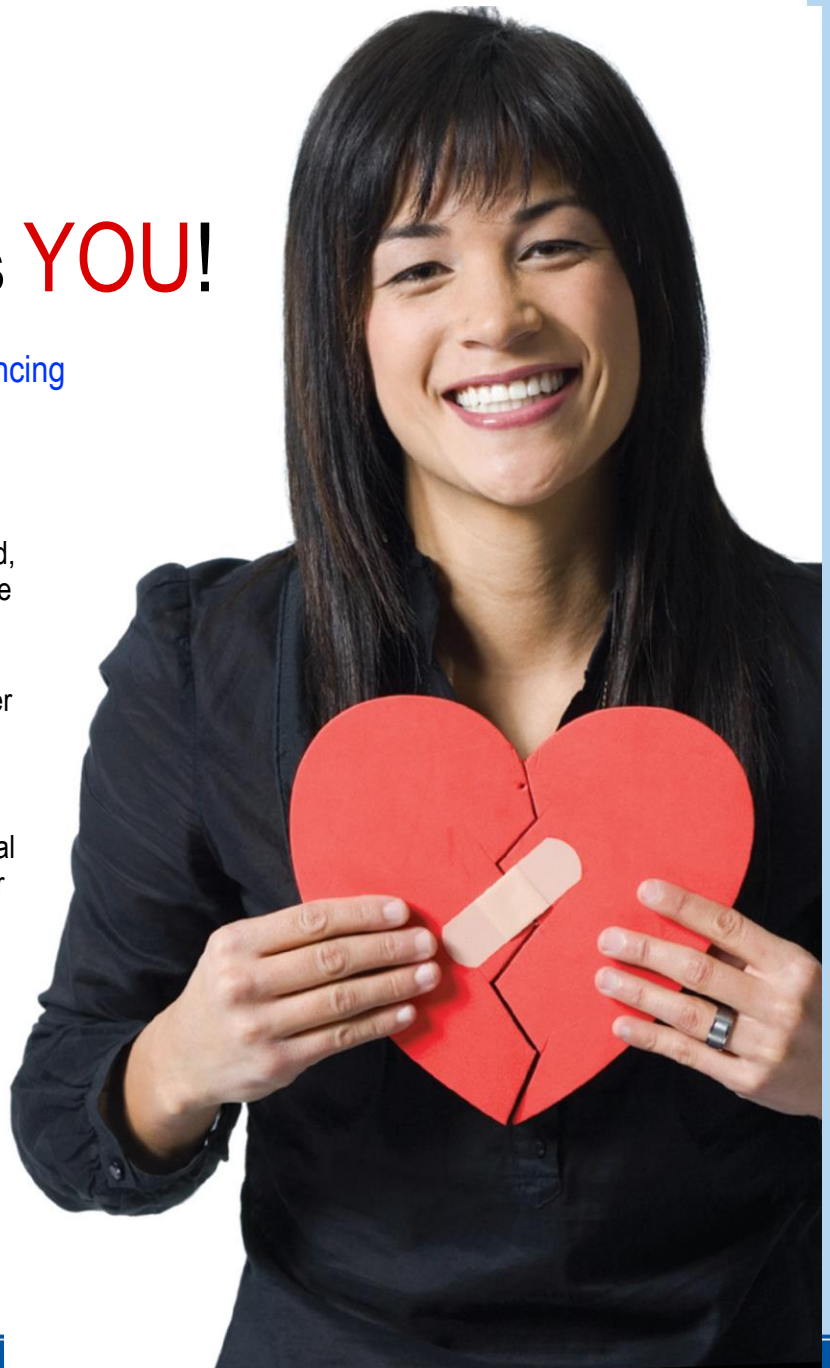
Sometimes, first aid is **YOU!**

A young person you know could be experiencing
a mental health challenge or crisis.

You can help them.

You are more likely to encounter someone — friend, family member, student, neighbor, or member of the community — in an emotional or mental crisis than someone having a heart attack. Youth Mental Health First Aid teaches a 5-step action plan to offer initial help to young people showing signs of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care. Anyone can take the 8-hour Youth Mental Health First Aid course, but it is ideally designed for adults who work with young people, ages 12-18 — teachers, coaches, leaders of faith communities, social workers, and other caring citizens.

Sometimes, the best first aid is you.
Take the course, save a life, strengthen
your community.



Youth Mental Health First Aid Course

8:00 AM to 5:00 PM on Tuesday, September 13, 2017

Americinn, Chamberlain, SD

This course is FREE!

See back for registration and contact information.

Sponsored by SD Department of Social Services – Prevention Program;
and NE Prevention Resource Center – Human Service Agency