

# Health Education Standard 8

*Students will demonstrate the ability to advocate for personal, family and community health risks.*

## **RATIONALE**

Advocacy skills help students promote healthy norms and healthy behaviors. This standard helps students develop important skills to target their health-enhancing messages and to encourage others to adopt healthy behaviors.

## **Health Education Standard 8 Performance Indicators**

### **Pre-K–Grade 2**

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- 8.2.1 Make requests to promote personal health.
- 8.2.2 Encourage others to make positive health choices.

### **Grades 3–5**

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- 8.5.1 Express opinions and give accurate information about health issues.
- 8.5.2 Support others in making positive health choices.

### **Grades 6–8**

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- 8.8.1 State a health-enhancing position on a topic and support it with accurate information.
- 8.8.2 Demonstrate how to influence and support others to make positive health choices.
- 8.8.3 Work cooperatively to advocate for healthy individuals, families and schools.
- 8.8.4 Identify ways in which health messages and communication techniques can be altered for different audiences.

### **Grades 9–12**

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- 8.12.1 Use accurate peer and societal norms to formulate a health-enhancing message.
- 8.12.2 Demonstrate how to persuade and support others to make positive health choices.
- 8.12.3 Work cooperatively as an advocate for improving personal, family, and community health.
- 8.12.4 Adapt health messages and communication techniques to a specific target audience.