

APPENDIX B

ASCA STUDENT STANDARDS

ASCA DOMAIN: ACADEMIC DEVELOPMENT

Standard A: **Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.**

Competency: A:A1 Improve Academic Self-Concept

Indicators: A:A1.1 Articulate feelings of competence and confidence as learners.
A:A1.2 Display a positive interest in learning
A:A1.3 Take pride in work and achievement
A:A1.4 Accept mistakes as essential to the learning process
A:A1.5 Identify attitudes and behaviors that lead to successful learning

Competency: A:A2 Acquire Skills for Improving Learning

Indicators: A:A2.1 Apply time-management and task-management skills
A:A2.2 Demonstrate how effort and persistence positively affect learning
A:A2.3 Use communication skills to know when and how to ask for help when needed
A:A2.4 Apply knowledge and learning styles to positively influence school performance

Competency: A:A3 Achieve School Success

Indicators: A:A3.1 Take responsibility for their actions
A:A3.2 Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students.
A:A3.3 Develop a broad range of interests and abilities
A:A3.4 Demonstrate dependability, productivity, and initiative
A:A3.5 Share Knowledge

Standard B: **Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options, including college.**

Competency: A:B1 Improve Learning

Indicators: A:B1.1 Demonstrate the motivation to achieve individual potential
A:B1.2 Learn and apply critical thinking skills
A:B1.3 Apply the study skills necessary for academic success at each level
A:B1.4 Seek information and support from faculty, staff, family, and peers
A:B1.5 Organize and apply academic information from a variety of sources

A:B1.6 Use knowledge of learning styles to positively influence school performance

A:B1.7 Become a self-directed and independent learner

Competency: A:B2 Plan to Achieve Goals

Indicators:

- A:B2.1 Establish challenging academic goals in elementary, middle/junior high and school
- A:B2.2 Use assessment results in educational planning
- A:B2.3 Develop and implement annual plan of study to maximize academic ability and achievement
- A:B2.4 Apply knowledge of aptitudes and interests to goal setting
- A:B2.5 Use problem-solving and decision-making skills to assess progress toward educational goals
- A:B2.6 Understand the relationship between classroom performance and success in school
- A:B2.7 Identify post-secondary options consistent with interests, achievement, aptitude and abilities

Standard C: **Students will understand the relationship of academics to the world of work and to life at home and in the community.**

Competency: A:C1 Relate School to Life Experiences

Indicators:

- A:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life.
- A:C1.2 Seek co-curricular and community experiences to enhance the school experience
- A:C1.3 Understand the relationship between learning and work
- A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining, and maintaining life goals
- A:C1.5 Understand that school success is the preparation to make the transition from student to community member
- A:C1.6 Understand how school success and academic achievement enhance future career and vocational opportunities

ASCA DOMAIN: CAREER DEVELOPMENT

Standard A: **Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.**

Competency: C:A1 Develop Career Awareness

Indicators:

- C:A1.1 Develop skills to locate, evaluate, and interpret career information
- C:A1.2 Learn about the variety of traditional and nontraditional occupations
- C:A1.3 Develop an awareness of personal abilities, skills, interests, and motivations
- C:A1.4 Learn how to interact and work cooperatively in teams
- C:A1.5 Learn to make decisions
- C:A1.6 Learn how to set goals

- C:A1.7 Understand the importance of planning
- C:A1.8 Pursue and develop competency in areas of interest
- C:A1.9 Develop hobbies and vocational interests
- C:A1.10 Balance between work and leisure time

Competency: C:A2 Develop Employment Readiness

- Indicators:**
- C:A2.1 Acquire employability skills such as working on a team, problem-solving, and organizational skills
 - C:A2.2 Apply job readiness skills to seek employment opportunities
 - C:A2.3 Demonstrate knowledge about the changing workplace
 - C:A2.4 Learn about the rights and responsibilities of employers and employees
 - C:A2.5 Learn to respect individual uniqueness in the workplace
 - C:A2.6 Learn how to write a resume
 - C:A2.7 Develop a positive attitude toward work and learning
 - C:A2.8 Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace
 - C:A2.9 Utilize time and task management skills

Standard B: **Students will employ strategies to achieve future career goals with success and satisfaction**

Competency: C:B1 Acquire Career Information

- Indicators:**
- C:B1.1 Apply decision-making skills to career planning, course selection, and career transition
 - C:B1.2 Identify personal skills, interests, and abilities, and relate them to current career choice
 - C:B1.3 Demonstrate knowledge of the career planning process
 - C:B1.4 Know the various ways in which occupations can be classified
 - C:B1.5 Use research and information resources to obtain career information
 - C:B1.6 Learn to use the Internet to access career planning information
 - C:B1.7 Describe traditional and nontraditional career choices and how they relate to career choice
 - C:B1.8 Understand how changing economic and societal needs influence employment trends and future earnings

Competency: C:B2 Identify Career Goals

- Indicators:**
- C:B2.1 Demonstrate awareness of the education and training needed to achieve career goals
 - C:B2.2 Assess and modify their educational plan to support career
 - C:B2.3 Use employability and job readiness skills in internship, mentoring, shadowing and/or other work experience
 - C:B2.4 Select course-work that is related to career interests
 - C:B2.5 Maintain a career-planning portfolio

Standard C: **Students will understand the relationship between personal qualities, education, training, and the world of work.**

Competency: C:C1 Acquire Knowledge to Achieve Career Goals

Indicators: C:C1.1 Understand the relationship between educational achievement and career goals.
C:C1.2 Explain how work can help to achieve personal success and satisfaction
C:C1.3 Identify personal preferences and interests influencing career choice and success
C:C1.4 Understand that the changing workplace requires lifelong learning and acquiring new skills
C:C1.5 Describe the effect of work on lifestyle
C:C1.6 Understand the importance of equity and access in career choice
C:C1.7 Understand that work is an important and satisfying means of personal expression

Competency: C:C2 Apply Skills to Achieve Career Goals

Indicators: C:C2.1 Demonstrate how interests, abilities and achievement relate to achieving personal, social, educational, and career goals
C:C2.2 Learn how to use conflict-management skills with peers and adults
C:C2.3 Learn to work cooperatively with others as a team Member
C:C2.4 Apply academic and employment readiness skills in work-based learning situations such as internships, shadowing and/or mentoring experiences

ASCA DOMAIN: PERSONAL/SOCIAL

Standard A: **Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.**

Competency: PS:A1 Acquire Self-Knowledge

Indicators: PS:A1.1 Develop positive attitudes toward self as a unique and worthy person
PS:A1.2 Identify values, attitudes and beliefs
PS:A1.3 Learn the goal-setting process
PS:A1.4 Understand change is a part of growth
PS:A1.5 Identify and express feelings
PS:A1.6 Distinguish between appropriate and inappropriate behavior
PS:A1.7 Recognize personal boundaries, rights and privacy needs
PS:A1.8 Understand the need for self-control and how to practice it
PS:A1.9 Demonstrate cooperative behavior in groups
PS:A1.10 Identify personal strengths and assets
PS:A1.11 Identify and discuss changing personal and social roles
PS:A1.12 Identify and recognize changing family roles

Competency: PS:A2 Acquire Interpersonal Skills

Indicators:

- PS:A2.1 Recognize that everyone has rights and responsibilities
- PS:A2.2 Respect alternative points of view
- PS:A2.3 Recognize, accept, respect and appreciate individual differences
- PS:A2.4 Recognize, accept and appreciate ethnic and cultural diversity
- PS:A2.5 Recognize and respect differences in various family configurations
- PS:A2.6 Use effective communications skills
- PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior
- PS:A2.8 Learn how to make and keep friends

Standard B:

Students will make decisions, set goals, and take necessary action to achieve goals.

Competency: PS:B1 Self-Knowledge Application

Indicators:

- PS:B1.1 Use a decision-making and problem-solving model
- PS:B1.2 Understand consequences of decisions and choices
- PS:B1.3 Identify alternative solutions to a problem
- PS:B1.4 Develop effective coping skills for dealing with problems
- PS:B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions
- PS:B1.6 Know how to apply conflict-resolution skills
- PS:B1.7 Demonstrate a respect and appreciate for individual and cultural differences
- PS:B1.8 Know when peer pressure is influencing a decision
- PS:B1.9 Identify long-and short-term goals
- PS:B1.10 Identify alternative ways of achieving goals
- PS:B1.11 Use persistence and perseverance in acquiring knowledge and skills
- PS:B1.12 Develop an action plan to set and achieve realistic goals

Standard C:

Students will understand safety and survival skills

Competency: PS:C1 Acquire Personal Safety Skills

Indicators:

- PS:C1.1 Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact).
- PS:C1.2 Learn about the relationship between rules, laws, safety and the protection of rights of the individual
- PS:C1.3 Learn about the differences between appropriate and inappropriate physical contact
- PS:C1.4 Demonstrate the ability to set boundaries, rights and personal privacy
- PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help
- PS:C1.6 Identify resource people in the school and community, and know how to seek help
- PS:C1.7 Apply effective problem-solving and decision-making skills to make safe and healthy choices
- PS:C1.8 Learn about the emotional and physical dangers of substance abuse
- PS:C1.9 Learn how to cope with peer pressure
- PS:C1.10 Learn techniques for managing stress and conflict
- PS:C1.11 Learn coping skills for managing life events